

Part 1 of 3

Our Mission Statement:

To provide a positive, motivational environment where our members may achieve success in all areas of their life and ultimately realize their own self-actualization; to use the latest technology in order to efficiently, conveniently and effectively facilitate the positive exchange of ideas; to enlist the knowledge and experience of experts in their field so members can focus on a range of important self-improvement topics; to build and inspire meaningful relationships within our online communities and in the personal lives of each member; to provide an arena where the knowledge and experience of our members may be shared with the greater membership community so all members may benefit; to enjoy the journey and shine bright!

What Membership Means to You:

my Rx for Living is about reaching your life goals, one small step at a time. When you make a commitment to my Rx for Living as a member, you take an important personal step towards making sure that your life goals, your dreams, and your true potential, are something that you are going to focus on, day by day. Think of it as a personal investment in yourself. When you become a part of our community, you enable us to, in turn, make a commitment to you; and for us, that means we will strive to build a valuable relationship that helps you shape your life.



The my Rx Development Cycle:

Each week, we focus on a particular topic as it relates to the principles of self-actualization and success. The weekly topic may be as concrete as getting out of Debt, or more conceptual as in

Achievement. The week's content at my Rx will focus on where you are in your life when the week begins as it relates to the subject, and how you will set actions in motion that will have you moving in a more positive direction by week's end.

Go to Part 2: The my Rx Development Cycle

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