

Where Our Virtual Community Becomes In-Person Reality....

Our desire is to become connected to one another, to establish a foundation for meaningful change and growth. We do that everyday through our online membership community at **my Rx for Living**

. Meeting in-person at our Headquarters is a natural extension of this virtual environment.

my Rx forLiving

has its Headquarters on a working Horse Farm located in the Midwestern section of the United States.

Our location, Heaven Sent Farm & Stables, was first established in the 1860's and today is the home of our Gypsy Vanner Horse Breeding Enterprise, where we breed and raise this fascinating type of Draft Horse; there are less than 1000 of these Horses in the USA, today.

Heaven Sent Farm & Stables

is the ideal place to get away from your everyday World and focus on the goals that you have begun to or will put in place to change your Life or your Company. We offer weekend Retreats for Individuals, Couples and Companies that are focused and completely personal, as we never have more than four people in attendance at any given Retreat. That's right only 4 Individuals, 2 Couples or 4 Members of any Company are involved in each of our Retreats.

[Click here to read more about Heaven Sent Farm & Stables](#)

Slide Show: my Rx Headquarters @ Heaven Sent Farm & Stables:

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Weekend Getaways for Life Change.

Lunch

Coaching Session 3

Break

Coaching Session 4

Break

Wrap up Day 2

Dinner

Sunday: Farm Work

Bunkhouse Brunch

Coaching Session 5

Break

Wrap up Day 3

Limousine Return to Airport

[/tab][tab title="Individuals"]

Individual Retreats - (Maximum/Minimum - 4 People) These Retreats are geared toward Individuals and are always Ladies Only or Men Only. We want four friends or associates, who know each other well, to get together for the weekend and share this experience. my Rx for Living will focus on learning about these 4 people and what their lives are really all about. You need to be prepared to share, to communicate, to listen and to participate - Honesty is the hallmark of these sessions. We are going to "dig deeply" into the 5 "W" questions about Life and concentrate on Relationships, Personal Finance and Profession while creating real Life Change through Goal Setting, Planning, Preparation, Execution and a Quest to be the Best. When this weekend is over - your Life will never be the same - you will be in control, know what your special gift is and how to use it and be **on the doorstep** of a New Reality for Living.

[/tab][tab title="Corporate"]

Corporate Retreats - (Maximum 4 People/Minimum 3 People) Change the paradigm for your Organization, whether yours is a Small/Entrepreneurial Enterprise or a Fortune 500 Company real change in the Corporate World begins with a few people, in a Company, that have the *level of influence* to make things happen and to get others to believe in any course of action. We will first do a SWOT Analysis of your business, then take what we learn and turn it into a new plan for Leadership, Strategy, Team Building, Achievement and Company Well-Being - both from a financial and human perspective. Now, more than ever, Companies must do more than just survive - they need to learn how to flourish when growth conditions are not optimal.

my Rx for Living

will not only help you to plant the seeds of change we will be there with you until you harvest the crop.

[/tab][tab title="Couples"]

Couples Retreats - (Maximum 2 Couples/Minimum 1 Couple) Being a Couple is, singularly, the most difficult thing that people do in their lives and when, done well, the most rewarding relationship that you will ever have. Building trust, learning how to *really*

communicate, approaching Life from your partner's point of view and compromising even when it hurts are skills that must be learned and once understood, you must have a depth of desire to put them into practice all the time - not just when it may serve your purpose. Knowing how to be in love forever and how to make your commitment grow with every step that you take is the purpose of this weekend journey of exploration. Practical techniques that will shape this process for you are the hallmark of this weekend that will enrich your ability to live a life of partnership and commitment.

[/tab][tab title="Rx Retreat Pricing"]

All my Rx Retreats are priced on a per person basis. We offer my Rx for Living Members a 20% discount on all

my Rx Retreats

.Prices include Limousine Transportation from Indianapolis International Airport to Heaven Sent Farm & Stables, all Room & Board, all Meals, and all my Rx for Living Coaching and Materials.

Non-Members (per person)	Rx Members (per person)
my Rx Retreats Pricing:\$2200	\$1760

We guarantee a once-in-a-lifetime experience that will be both rewarding and memorable!

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Contact: my Rx for Living

For additional information about our Rx Retreats, please [contact us](#) and we will share all of the relevant information with you, so that you can book the *experience of a lifetime!*

Click here to reserve your *my Rx Retreat*, today!