

I came across this video while doing research on Search Engine Optimization, of all things, and knew I had to stop what I was doing and share this.

The following video documents Danny Macaskill riding a bicycle. Ok great- I thought at first, I could do that. However, sixty seconds into the video, he does, what I would have said, is the impossible.

I would have assumed that the laws of physics would restrict a human being from achieving what Danny does on his two wheels. For the remainder of this five and a half minute video, he defies gravity with incredible, awe-inspiring grace.

As I watched Danny perform his art, I wondered, how many times did he have to crash in order to fly? One does not just get onto a bicycle some sunny afternoon and decide to peddle up the side of a gigantic tree, launch into a 360-degree flip, land on two wheels, and ride away as if circumventing a twig in the street (happens near the middle of the video).

He is a perfect example of how we, as humans, can achieve the impossible, if we choose to live in a world without self-imposed limits. Our minds and hearts are capable of so much, if we only begin by using our imagination and capacity to dream and simply ask "what if..."

Mr. Macaskill certainly believes in himself. I am sure he asks "what if" not occasionally, but as a habit, as a way of breathing, and a way of living. In the course of his dreaming, how many times, did he wake up in the morning, battered and bruised from crashing and falling and get up and try something new and even more challenging than the day before? How many times did he face the impossible (which you will see in the first sixty seconds), with only his will and wit at his side to determine what his own limits were going to be? How many times did his equipment break down and completely cease to function when his heart refused to give up and still find a way?

This video suggests he certainly enjoys a degree of personal mastery and freedom in his life. I suspect his ability to dream and believe in the impossible allows him to dream while he is awake- and for him, the two are one. For me, it's another example of how what goes on in our minds has tremendous power to influence the reality we experience. There is a moment in the beginning of this video, after he has fallen twice while pursuing his goal, that success seems unlikely.

Thanks to Danny, he gives us one more reminder that the impossible is there for all of us to experience.

Hope you enjoy the video.